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| **FRIDAY SEPTEMBER 9, 2022** |  |
| **1:00 – 1:55** |  |
| Logo  Description automatically generated | **Title: The Importance of CART and Captioning to the Hearing Loss Community**  **Speaker: Row Holloway**  **Course description: (.1 CEU)** Row will share her lifelong passion of advocating for the Hearing Loss community through her work with the Kentucky Commission for the Deaf and Hard of Hearing, |
| **2:00 – 3:30** |  |
| A close-up of a person smiling  Description automatically generated | **Title: Emotional Intelligence – What is it, Why it matters, and How it can help me be a better advocate for myself.**  **Speaker: Ehren Green**  **Course description: (.15 CEU)** This management and human resource session will focus on learning the fundamentals of emotional intelligence (self-awareness, self-management, social awareness, and relationship management). Participants will learn strategies and tools to strengthen their emotional intelligence while gaining recognition that emotional intelligence can help individuals become more effective advocates for themselves. |
| **3:45 – 5:15** |  |
| A picture containing logo  Description automatically generated | **Title: “Caring for Yourself While Recording for Others: Mental Health and Resilience”**  **Speaker: Michelle Niehaus**  Ce **Course Description: (.15 CEU)** Court reporters are subject to significant amounts of information that may affect them emotionally, yet there are few confidential outlets available for processing.  Couple the potential secondary traumatic stress with the challenges of living through COVID, and reporters could be at risk for mental health challenges. During this session we will explore what secondary traumatic stress is, then look at post traumatic growth and resilience research and strategies. |
| **5:30 -** | **Evening reception at Embassy Suites followed by dinner on your own.** |
| **SATURDAY, SEPTEMBER 10** |  |
| **8:15 – 9:45** |  |
|  | **Title: Lessons From a Heart Transplant “Thriver” To Apply To Your Life**  **Speaker: Steve Gilland**  **Course Description: (.15 CEU)**  YOU must be an advocate for your own health …….in many ways.  Find YOUR Why and YOUR Purpose and why that is so important.  Relationships- how to enhance the ones at work and at home.  Believe it or not ….Everyone is a Coach  How your overall outlook and wellness impacts EVERYTHING  and EVERYONE! |

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| **Saturday, September 10 (Continued)** |  |
| **10:00 – 12:00** | **Eclipse and Case Catalyst workshops (Alternative session available for Non-Eclipse or Non-Case Catalyst users - TBD)** |
|  | **Title: Eclipse Software Training**  **Speaker: Michael Starkman**  **Course Description : (.2 CEU)**  Michael is going to explore the latest innovations in Eclipse Version 10.  Learning about the latest innovations from Advantage Software has always been time well spent, and learning about this new version will be no exception to that, especially because of a very substantial new addition in Version 10. |
| A picture containing logo  Description automatically generated | **Title: Case Catalyst Training**  **Speaker: Elaine Haberer**  **Course Description: (.2 CEU)**  Editing tips and tricks – going over Brief-It (live suggestions vs. reminders), Hotspot, Cat Scratch, Fields and using them in include files, Editing on the fly – realtime commands dictionary, Keyboard maps, Case Prep |
| **12:00 – 1:15** | **Lunch and Annual KYCRA Business Meeting** |
| **1:15 – 2:45** |  |
| A person wearing glasses  Description automatically generated with medium confidence | **Title: Level Up With Tips, Tricks, and Hacks Speaker: Tamara Chapman**  **Court Description: (.15 CEU)**  Learn how to utilize free tools to stay organized and on top of your workflow, seamlessly collaborate with your team, significantly reduce your editing time, and increase the amount of time available to do things you enjoy. |
| **3:00 – 4:30** |  |
| Logo  Description automatically generated | **Title: Being Proactive, Not Reactive**  **Speaker: Cindy Isaacsen, NCRA Rep**  **Course Description: (.15 CEU)** NCRA STRONG presentation on the experience of Kansas Court Reporting Assoc. who fought and won a push by legislators to replace stenographers with digital.   Showcases the STRONG committee, what it consists of, and how we can all utilize the information to continue the fight against digital reporting. |